

DO WE REALLY NEED HELP?

INTRODUCTION

- Welcome and Prayer
- Introduction & Background
- Overview and Format



COURSE OUTLINE

August 2	Lesson 1	Do We Really Need Help?
August 9	Lesson 2	The Heart is the Target
August 16	Lesson 3	Understanding Your Heart Struggle
August 23	Lesson 4	Following the Wonderful Counselor
August 30	Lesson 5	Love – Building Relationships in Which
September 6	Lesson 6	God's Work Will Thrive
September 13	Lesson 7	Know – Getting to Know People;
September 20	Lesson 8	Discovering Where Change is Needed
September 27	Lessons 9-10	Speak – Speaking the Truth in Love
October 4	Lesson 11	Do – Applying Change to Everyday
October 11	Lesson 12	Life

WE ARE A NEEDY PEOPLE

- We are not able to properly handle our situation and interpret the facts without outside help.
- This is seen at creation (Gen. 1:26-28), the fall (Gen. 3:1-7), and redemption (Heb. 3:12-13)
- Hebrews 3 shows the progression of someone at risk of falling away from the Lord.
- The author quotes from Psalm 95:6-11, recounting events recorded in the Book of Numbers.
- What is it that prevents this from happening? (v. 13) Cf. Heb. 10:22-25; 1 Thess. 5:14-15.
- All of us are givers of counsel, and all of us are receivers of counsel/advice (see diagram)
- See Study Guide, pp. iii, 3

WEEK ONE CONCEPTS AND OBJECTIVES

- **C**oncept: Our need for help is not the result of the fall, but the result of being human.
- **P**ersonalized: I need truth from outside myself to make sense out of life.
- **R**elated to Others: I need to learn how to be one of God's instruments of change for others.

WEEK 1 VIDEO: "DO WE REALLY NEED HELP?" BY TIMOTHY LANE

DISCUSSION

- If you were asked to write down a distinctly biblical definition of discipleship or personal ministry, what would you write? (Study Guide, p. 3)
- Tell about a time you responded not to the *facts* of a situation, but to your *interpretation* of the facts. Did you realize it at the time? (Study Guide, p. 10) Examples might include an argument with a friend, an illness, a sudden change of plans, financial hardship, emotional trauma, etc. Note the example of David in 1 Sam. 30. Maybe you responded with anger or panic. How did God broaden your perspective?

HOMEWORK

- Obtain a copy of the *Instruments in the Redeemer's Hands* Study Guide
- Optional: purchase a copy of the full sized book *Instruments in the Redeemer's Hands*
- On your own, finish answering the questions in Lesson 1 of the Study Guide (pp. 9-12)